

Appendix 2 - summary of reasons for absence (Rolling Year) 31st Jan 2024, Portsmouth City Council, excluding Schools and Internal Agency

Absence Reason	Days Lost	% of Days Lost	Rank
PSYCHOLOGICAL - STRESS, ANXIETY AND DEPRESSION	6937	19.04	1
VIRUS (INC COLDS, COUGHS AND INFLUENZA; EXCLUDING CORONAVIRUS)	3632	9.97	2
GASTROINTESTINAL (INC STOMACH AND BOWEL)	3046	8.36	3
MUSCULOSKELETAL (LOWER LIMB)	2732	7.50	4
PSYCHOLOGICAL - (WORK RELATED) STRESS, ANXIETY AND DEPRESSION	2304	6.32	5
NEUROLOGY/NERVOUS SYSTEM (INC HEADACHE, MIGRAINE AND EPILEPSY)	2136	5.86	6
CORONAVIRUS	1981	5.44	7
MUSCULOSKELETAL (BACK AND NECK)	1906	5.23	8
CANCER AND TUMOURS	1875	5.15	9
MUSCULOSKELETAL (UPPER LIMB)	1655	4.54	10
RESPIRATORY PROBLEMS (INC CHEST AND ASTHMA)	1542	4.23	11
FAMILY BEREAVEMENT	958	2.63	12
EAR/NOSE/THROAT (INC DENTAL)	932	2.56	13
HEART DISORDERS	836	2.29	14
GYNAECOLOGICAL (INC REPRODUCTION ORGAN DISORDERS)	739	2.03	15
GENITOURINARY (INC KIDNEY AND BLADDER)	650	1.78	16
(blank)	487	1.34	17
LONG COVID	420	1.15	18
EYE PROBLEMS	407	1.12	19
BLOOD DISORDERS	344	0.94	20
ENDOCRINE/HORMONAL (INC DIABETES)	321	0.88	21
SKIN DISORDERS (INC BURNS)	298	0.82	22
PREGNANCY RELATED DISORDERS	209	0.57	23
INFECTIOUS DISEASE (INC CHICKENPOX, MEASLES ETC)	88	0.24	24
SUBSTANCE MISUSE (INC ALCOHOL AND DRUGS)	5	0.01	25
Grand Total	36440		

Absence Reason	Days Lost	% of Days Lost	Rank
* Psychological - stress, anxiety and depression	6937	19.04	1
* Psychological - stress, anxiety and depression (Work Related)	2304	6.32	5
Total	9241	25.36	

* Musculoskeletal (Lower limb)	2732	7.50	4
* Musculoskeletal (Upper limb)	1655	4.54	10
* Musculoskeletal (back and neck)	1906	5.23	8
Total	6293	17.27	

Total Stress + musculoskeletal %	15534	42.63	
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Absence Reason	Days Lost	% of Days Lost	Rank
* Corona Virus	1981	5.44	7

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